

DI GESTIVE MEDICINE ASSOCIATES, LLP

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MoviPrep INSTRUCTIONS FOR COLONOSCOPY

DAY BEFORE PROCEDURE:

Clear liquid diet ALL day for breakfast, lunch and dinner. Clear liquids include; Apple/Grape Juice, Sprite, Gatorade, Chicken Broth, Jello (no red coloring) & Tea. NO SOLID FOOD!!

1. At 7:00 P.M. Empty 1 Pouch A and 1 Pouch B into the disposable container.
2. Add lukewarm drinking water to the top line of the container. Mix to dissolve.
3. The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark, until the full liter is consumed.
4. Next you must drink 16-ounces of the clear liquid of your choice over the next hour.

ON THE MORNING OF THE PROCEDURE:

AT LEAST 3 HOURS BEFORE YOUR APPOINTMENT. Repeat steps 1-4 above. Be sure to finish drinking all of the preparation and liquids above at least 2 hours before your appointment. Once you are done, STOP ALL LIQUIDS.

- Do NOT take medication for Diabetes the night before or morning of the procedure.
- If you are on Antihypertensive / Blood Pressure medication, you SHOULD continue to take them as usual with a sip of water.

APPOINTMENT LOCATION:

A) Palmetto Surgery Center: 2140 W. 68th Street, Suite 102, 305-512-8220 (PRIOR TO APPOINTMENT YOU MUST REPORT TO SUITE 103)

B) Pembroke Pines Office: 18044 NW 6th St. Suite 104, 305-822-4107

C) Coral Gables Office: 3133 Ponce de leon Blvd, 305-822-4107

D) Hialeah Office Endoscopy: 2140 W. 68th Street, Suite 103

Appointment Date: _____ Appointment Time: _____

Your physician has recommended further procedures, diagnostic testing or labs. Your physician advises these services be completed in no more than three weeks and that you have an opportunity to review the clinical findings and discuss your treatment plan with your physician. If you are unable to keep your appointments you must let your physician know.

Make sure to arrange transportation for after your procedure. You should NOT Drive any vehicle for 24 hours following the procedure due to the sedation you received. You must also have a responsible adult remain with you for 24 hours after the procedure. If you have a true medical emergency, call 911 or go to the nearest emergency room.

I UNDERSTAND THAT IT IS MY RESPONSIBILITY AND I HAVE ARRANGED FOR A RESPONSIBLE ADULT TO DRIVE ME HOME AND PROVIDE ASSISTANCE FOLLOWING THE PROCEDURE. I ACKNOWLEDGE THAT I HAVE BEEN ADVISED NOT TO DRIVE UNTIL THE EFFECTS OF ANY MEDICATION HAS WORN OFF. NORMALLY FOR THE FIRST 24 HOURS AFTER THE PROCEDURE. I UNDERSTAND THIS TO MEAN THAT I SHOULD NOT DRIVE UNTIL THE DAY AFTER THE PROCEDURE OR AS DIRECTED BY THE SURGEON.