

FOR COLONOSCOPIES SCHEDULED AFTER 12 PM

One week prior to the procedure:

DO NOT take iron pills, Aspirin, Coumadin, Motrin, Advil, Ibuprofen, Naprosyn, Plavix, Celebrex, or any pain medication that is not **TYLENOL**. **TYLENOL and other brands which contain ACETAMINOPHEN are safe to use prior to this procedure.**

The day before the procedure:

1. **Until 6:00PM:** Stay on a regular diet.
2. **At 6:00PM:** Start a **Clear Liquid diet**.
3. **At 6:00 PM:** Drink ½ the Gallon of GoLyteLy or NuLyteLy. Preferably cold over 1-2 hours. Feel free to drink as many clear liquids as you want until midnight.
4. **DO NOT** take diabetic medications the night before or morning of the procedure.
5. If you are on Antihypertensive / Blood Pressure medication, you **SHOULD** continue to take them as usual with a sip of water.

Clear liquids include: <ul style="list-style-type: none">• Stained fruit juices without pulp (apple, white grape, lemonade)• Clear broth or bouillon• Water• Coffee or tea (without milk or nondairy creamer)	All of the following that are not colored red or purple: <ul style="list-style-type: none">• Gatorade• Carbonated and non-carbonated soft drinks• Kool-aid (or other fruit flavored drinks)• Plain Jell-O (without added fruits or toppings)
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The day of the procedure:

1. **At 6:00 AM:** Drink the other ½ of the Gallon of GoLyteLy or NuLyteLy. **MAKE SURE YOU ARE DONE DRINKING 4 HOURS PRIOR TO YOUR ARRIVAL FOR THE PROCEDURE.**
2. You can continue to have clear liquids up to 4 Hours prior to your procedure.
3. Co-pays and deductible are collected on the day of your procedure.

MAKE SURE THAT SOMEONE WHO DRIVES GOES WITH YOU TO THE HOSPITAL OR SURGERY CENTER. IT IS UNSAFE FOR YOU TO DRIVE FOR 24 HOURS FOLLOWING THE PROCEDURE DUE TO THE SEDATION RECEIVED.

APPOINTMENT LOCATION:

Palmetto Surgery Center: 2140 W. 68th Street, Suite 102, Hialeah, FL 33016; 305-512-8220