

HALF LITELY PROCEDURE PREP ENGLISH

WHAT TO DO THE DAY BEFORE YOUR COLONOSCOPY

***DO NOT EAT FOOD OR DRINK MILK ON THE DAY OF THE PREP (DRINK CLEAR LIQUIDS ONLY)**

STEP 1. At 12:00 NOON, Take 4 tablets

- * Take all (4) bisacodyl tablets with water. (5mg each, BUY OVER THE COUNTER)**
- * Do NOT chew or crush.**
- * Do not take the bisacodyl tablets within 1 hour of taking an antacid.**

STEP 2. 1:00 P.M. MIX SOLUTION

- * Add drinking water or a clear liquid (such as apple juice, clear Gatorade, tea, lemonade) to top of line on bottle**
- * Cap bottle and shake to dissolve the powder.**
- * Put in the refrigerator to cool.**
- * The reconstituted solution will be clear and colorless. Use within 48 hours.**

STEP 3. 6:00 P.M. WAIT FOR A BOWEL MOVEMENT

- * At 6pm begin to drink the Half Lytely or 1/2 a gallon of the TRILYTE/COLYTE/GOLYTELY**
- * Even if no bowel movement occurs after 6 hours, begin to drink the solution.**

STEP 4. DRINK ALL THE SOLUTION

- * Drink 1 (8 oz) glass every 10 minutes (about 8 glasses). Drink each glass quickly rather than drinking small amounts continuously.**
- *Be sure to drink ALL of the solution.**

NOTE:

- If you have severe discomfort or distension (bloating), stop drinking the solution for a while or wait longer between drinking each glass until the discomfort goes away.**
- Do not take any other medicines within 1 hour of starting to drink the solution.**
- Avoid drinking large amounts of water during or after taking this product or after a colonoscopy.**
- Nausea, cramping and abdominal fullness are the most common adverse reactions.**