

GOLYTELY INSTRUCTIONS ENGLISH

PATIENT INSTRUCTIONS:

- *NPO - Do not eat or drink anything past midnight before the procedure.**

- *Clear liquid diet the day before the procedure. This includes breakfast, lunch and dinner.**
Note: Clear liquids include: Apple/Grape Juice, Sprite, Gatorade, Chicken Broth, Jello (No Red) & Tea.

- *Begin taking the COLYTE or TRILYTE with Flavor Packs at 4:00 p.m. One glass every 15 minutes for about 4-5 hours or until the Colyte or TriLyte is finished.**

- *If you take medication for Pain & Arthritis, for example: Advil, Aspirin, Motrin, Naproxen, or any other medication containing Aspirin or Anticoagulants such as: Coumadin or Plavix, STOP TAKING them 7 days before your procedure.**

- *Do Not take Diabetic medications the night before or morning of the procedure.**

- *If you are on any Antihypertensive / Blood Pressure medication, you SHOULD continue to take them as usual with a sip of water.**

- *CO-PAYS and deductible are collected on the day of your procedure.**

MAKE SURE THAT SOMEONE WHO DRIVES GOES WITH YOU TO THE HOSPITAL OR SURGERY CENTER. IT IS UNSAFE FOR YOU TO DRIVE FOR 24 HOURS FOLLOWING THE PROCEDURE DUE TO THE SEDATION RECEIVED.