

DIGESTIVE MEDICINE ASSOCIATES, LLP

2140 West 68 Street, Suite 300 Hialeah, FL 33016
3133 Ponce de Leon Boulevard Coral Gables, FL 33134
18044 N.W. 6 Street, Suite 104 Pembroke Pines, FL 33029
11880 SW 40th Street, Suite 216 Miami, FL 33175
Ph: 305-822-4107 * Fax: 305-822-5086
digestivemed.com

Francisco R. Maderal, MD
Michael G. Valladares, DO
Jorge D. Castaneda, MD
Victor M. Padilla, III, MD, F.A.C.P., F.A.C.G.
Emmanuel Reyes Ramos, MD

Jeff O. Gonzalez, MD
Jose L. Martinez, MD
Joel Kertzus, MD
Juan Pablo Blum Guzman, MD
Sandra Rodriguez, MD

SUPREP INSTRUCTIONS FOR COLONOSCOPY

DAY BEFORE PROCEDURE:

Clear liquid diet ALL day for breakfast, lunch and dinner. Clear liquids include; Apple/Grape Juice, Sprite, Gatorade, Chicken Broth, Jello (no red coloring) & Tea. NO SOLID FOOD!!

1. At 7:00 P.M. pour one (1) 6-ounce bottle of Suprep liquid into the container.
2. Add cool drinking water to the 16-ounce line on the container and mix.
3. Drink ALL of the solution in the container within 1 hour.
4. You must drink two (2) more 16-ounce containers of water over the next 1 hour.

ON THE MORNING OF THE PROCEDURE:

At least 3 hours before procedure repeat steps 1-4, using the other 6-ounce bottle of Suprep. Be sure to drink all of the 16-ounce mixed solution within an hour and then both of the 16-ounce cups of water. Stop drinking ANY liquids 2 hours before your procedure.

- Do NOT take medication for Diabetes the night before or morning of the procedure.
- If you are on Antihypertensive / Blood Pressure medication, you SHOULD continue to take them as usual with a sip of water.

APPOINTMENT LOCATION:

A) Palmetto Surgery Center: 2140 W. 68th Street, Suite 102, 305-512-8220 (PRIOR TO APPOINTMENT YOU MUST REPORT TO SUITE 103)

B) Pembroke Pines Office: 18044 NW 6th St. Suite 104, 305-822-4107

C) Coral Gables Office: 3133 Ponce de Leon Blvd, 305-822-4107

D) Hialeah Office Endoscopy: 2140 W. 68th Street, Suite 103

Appointment Date: _____ Appointment Time: _____

Your physician has recommended further procedures, diagnostic testing or labs. Your physician advises these services be completed in no more than three weeks and that you have an opportunity to review the clinical findings and discuss your treatment plan with your physician. If you are unable to keep your appointments you must let your physician know.

Make sure to arrange transportation for after your procedure. You should NOT Drive any vehicle for 24 hours following the procedure due to the sedation you received. You must also have a responsible adult remain with you for 24 hours after the procedure. If you have a true medical emergency, call 911 or go to the nearest emergency room.

I UNDERSTAND THAT IT IS MY RESPONSIBILITY AND I HAVE ARRANGED FOR A RESPONSIBLE ADULT TO DRIVE ME HOME AND PROVIDE ASSISTANCE FOLLOWING THE PROCEDURE. I ACKNOWLEDGE THAT I HAVE BEEN ADVISED NOT TO DRIVE UNTIL THE EFFECTS OF ANY MEDICATION HAS WORN OFF, NORMALLY FOR THE FIRST 24 HOURS AFTER THE PROCEDURE. I UNDERSTAND THIS TO MEAN THAT I SHOULD NOT DRIVE UNTIL THE DAY AFTER THE PROCEDURE OR AS DIRECTED BY THE SURGEON.