

DIGESTIVE MEDICINE ASSOCIATES, LLP

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digestivemed.com

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INSTRUCTIONS FOR COLONOSCOPY

DAY BEFORE PROCEDURE:

1. Clear liquid diet the whole day. Clear liquids include: Stained fruit juices without pulp (apple, white grape, lemonade), Clear broth or bouillon, Water, Sprite, Gatorade, Coffee or tea (without milk or nondairy creamer). **NO SOLID FOOD THE WHOLE DAY!!!**
2. At 6:00pm: Drink HALF of the Gallon of GoLytely / NuLytely / Colyte. Preferably cold over 1-2 hours. Feel free to drink as many clear liquids as you want until midnight. Can fill gallon with clear or yellow gatorade, sprite, apple juice, or water.
3. **DO NOT** take diabetic medications the night before or morning of the procedure.
4. If you are on Antihypertensive / Blood Pressure medication, you **SHOULD** continue to take them as usual with a sip of water.

DAY OF PROCEDURE:

1. 4 hours before your appointment time drink the other half of the Gallon of GoLytely / NuLytely / Colyte. **MAKE SURE YOU ARE DONE DRINKING 2 HOURS PRIOR TO YOUR ARRIVAL FOR THE PROCEDURE.**
2. You can continue to have clear liquids up to 2 Hours prior to your procedure.
3. If you are on Antihypertensive / Blood Pressure medication, you **SHOULD** continue to take them as usual with a sip of water the day of the procedure.

APPOINTMENT LOCATION:

A) Palmetto Surgery Center: 2140 W. 68th Street, Suite 102, 305-512-8220 (PRIOR TO APPOINTMENT YOU MUST REPORT TO SUITE 103)

B) Pembroke Pines Office: 18044 NW 6th St. Suite 104, 305-822-4107

C) Coral Gables Office: 3133 Ponce de Leon Blvd, 305-822-4107

D) Hialeah Office Endoscopy: 2140 W. 68th Street, Suite 103

Appointment Date: _____ Appointment Time: _____

Your physician has recommended further procedures, diagnostic testing or labs. Your physician advises these services be completed in no more than three weeks and that you have an opportunity to review the clinical findings and discuss your treatment plan with your physician. If you are unable to keep your appointments you must let your physician know.

Make sure to arrange transportation for after your procedure. You should NOT Drive any vehicle for 24 hours following the procedure due to the sedation you received. You must also have a responsible adult remain with you for 24 hours after the procedure. If you have a true medical emergency, call 911 or go to the nearest emergency room.

I UNDERSTAND THAT IT IS MY RESPONSIBILITY AND I HAVE ARRANGED FOR A RESPONSIBLE ADULT TO DRIVE ME HOME AND PROVIDE ASSISTANCE FOLLOWING THE PROCEDURE. I ACKNOWLEDGE THAT I HAVE BEEN ADVISED NOT TO DRIVE UNTIL THE EFFECTS OF ANY MEDICATION HAS WORN OFF. NORMALLY FOR THE FIRST 24 HOURS AFTER THE PROCEDURE. I UNDERSTAND THIS TO MEAN THAT I SHOULD NOT DRIVE UNTIL THE DAY AFTER THE PROCEDURE OR AS DIRECTED BY THE SURGEON.

COPAYS AND/OR DEDUCTIBLES ARE TO BE PAID IN FULL 72 HOURS PRIOR TO YOUR PROCEDURE:

Be aware that TWO SEPARATE charges may be collected prior to your procedure:

Physician AND/OR Facility

If you need to cancel your appointment please call at least 72 hours prior to the date of your procedure or you will be charged a \$100.00 fee.

It is important that you show up for your procedure as the possibility of a cancer might be missed if you do not show up.

Physician Financial Interest and Ownership:

The center is owned, in part, by the physicians. The physician(s) who referred you to this center and who will be performing your procedure(s) may have a financial and ownership interest. Patients have the right to be treated at another health care facility of their choice. We are making this disclosure in accordance with federal regulations.