

DIGESTIVE MEDICINE ASSOCIATES, LLP

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digestivemed.com

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HALF LYTELY COLONOSCOPY INSTRUCTIONS

DAY BEFORE PROCEDURE:

Clear liquids diet ONLY all day for breakfast, lunch and dinner. Clear liquids include: Apple/Grape Juice, Sprite, Gatorade, Chicken Broth, Jello (no red coloring) & Tea. NO SOLID FOOD!!!!

1. At 12:00 pm take (4) Dulcolax/bisacodyl tablets with water (5 mg each, buy over the counter) or the tablets included in the HALF LYTELY Bowel Prep Kit.
2. At 1:00 pm mix solution
 - Add clear liquid (such as yellow or clear Gatorade, tea, lemonade, chicken broth) and fill only half way the gallon of Golytely/Trilyte/Colyte. If you received the HalfLyteLy preparation then fill to the top of the line.
 - Put cap on bottle and shake to dissolve the powder
 - Refrigerate to cool
 - The mixed solution will be clear and colorless. Must be used within 48 hours of mixing.
3. At 6:00 pm begin to drink the preparation. Note: Even if no bowel movement occurs after 6 hours, begin to drink the solution.
4. Drink 1 (8oz) glass every 15 minutes. Drink each glass quickly rather than drinking small amount continuously. Be sure to drink ALL of the solution. After drinking solution, continue drinking clear liquids until you go to sleep.
5. Do NOT take medication for Diabetes the night before or morning of the procedure.
6. If you are on Antihypertensive / Blood Pressure medication, you SHOULD continue to take them as usual with a sip of water.

DAY OF PROCEDURE:

1. DO NOT EAT OR DRINK BEFORE THE PROCEDURE
2. If you are on Antihypertensive / Blood Pressure medication, you SHOULD continue to take them as usual with a sip of water the day of the procedure.

APPOINTMENT LOCATION:

A) Palmetto Surgery Center: 2140 W. 68th Street, Suite 102, 305-512-8220 (PRIOR TO APPOINTMENT YOU MUST REPORT TO SUITE 103)

B) Pembroke Pines Office: 18044 NW 6th St. Suite 104, 305-822-4107

C) Coral Gables Office: 3133 Ponce de Leon Blvd, 305-822-4107

D) Hialeah Office Endoscopy: 2140 W. 68th Street, Suite 103